

Ride, Baby, Ride

The strong rhythms of bouncing games help develop your baby's listening skills. Use your baby's name wherever possible to help your baby learn and recognize it. Sit your baby on your lap facing you. Hold under the arms and lift your heels up and down to give a gentle bounce.

Ride, baby, ride, ch-ch, ch-ch, ch-ch.
Ride that horsey ride, ch-ch, ch-ch, ch-ch.
Ride, baby, ride, ch-ch, ch-ch, ch-ch.
Ride that horsey ride. WHOAA!!



Dickery, Dickery, Dare

Once your baby's neck muscles are strong enough, flying games will meet with great delight. Gentle, controlled lifts protect both your baby's back and head. Flying games stimulate the parts of the brain that maintain a sense of balance.

Dickery, dickery, dare, the pig flew up in the air.
The man in brown soon brought him down,
Dickery, dickery, dare!

Clap-a-Clap Handies

Babies love clapping games, even before they can clap on their own! Hold your baby's hands and guide them through a gentle clapping motion.

Clap-a-clap-a handies, Teddy's come to play.
Cover up your little eyes while he hides away.
Where's Teddy? Where's Teddy? Boo!

For More Games



Books



These are shelved in the "First Books" section. Look for a pink dot on the spine.

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| jfb 398.8 Cho | Knock at the Door and Other Baby Action Rhymes |
| jfb 649.5 Gam | Games Babies Play: From Birth to Twelve Months |
| jfb 649.5 Mar | Baby Games: The Joyful Guide to Child's Play From Birth to Three Years |
| jfb 649.51 Ent | Entertain Me!: Creative Ideas for Fun and Games With Your Baby in the First Year |
| jfb 790.1922 Sil | Games to Play with Babies or 125 Brain Games for Babies |
| jfb 790.1922 War | Baby Play and Learn |
| jfb 796.1 Bro | Marc Brown's Favorite Hand Rhymes |



Spoken Word Kits



These kits are hung up in plastic holders. Ask a librarian for help in finding them.

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| jSW 782.42 Bea | Wee Sing for Baby |
| jSW 782.42 Hod | Songs and Games for Babies |



CDs



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| jCD S Dis | Disney Babies Playtime |
| jCD S Fei | Round and Round the Garden |
| jCD S McG | Sing Along With Bob #1 |
| jCD S Mot | Mother Goose Remembers |
| jCD S Rei | A Smooth Road to London Town |
| jCD S Sha | Mainly Mother Goose |

GAMES TO PLAY WITH BABIES



NEWBORN - 6 MONTHS



To help you choose from the wealth of baby games available, we have linked game suggestions to developmental stages. This is intended only as a guide. Your baby will continue to enjoy many of these games for a long time and may enjoy many of the games that are suggested for later stages.



Attending Baby Time at the library is a fun way to learn games to play with your baby. These programmes are free and on a drop-in basis. For dates and times and locations call 604-436-5420 or check the kids page of the Burnaby Public Library website.

www.bpl.bc.ca



NEWBORN - 3 MONTHS



Rock-a-bye Baby

Cradle your newborn in your arms, gaze into her eyes and gently rock while singing lullabies or nursery rhymes. This loving activity provides rhythmic sensations that lay the foundation for later walking, running, and skipping.

Rock-a-bye baby on the tree top,
When the wind blows, the cradle will rock.
When the bough breaks, the cradle will fall,
And down will come baby, cradle and all.

Jeremiah Blow the Fire

Take a few extra minutes at changing time to play touching games with your baby. To play "Jeremiah," blow softly on your baby's bare tummy, then a little harder and end with a bigger gust.

Jeremiah, blow the fire, puff, puff, puff,
First you blow it gently,
Then you blow it rough!



Two Little Eyes to Look Around

Many young babies love to have their facial features touched. Playing games like this will help your baby gradually coordinate the part of the brain that "sees" with the part that "feels."

Two little eyes to look around,
Two little ears to hear each sound.
One little nose to smell what's sweet,
One little mouth that likes to eat.

Shoe a Little Horse

Your baby may discover his or her feet by three months. Games in which you gently tap the soles of the feet encourage this discovery.

Shoe a little horse, shoe a little mare,
But let the little colt run bare, bare, bare!



Round and Round the Garden

When playing tickling games, watch your baby very carefully for any signs that you are tickling too hard or long, or that your baby is not in the mood for a tickle. To play this game, gently step your fingers around your baby's bellybutton, and them up to the armpit to end with a little tickle.

Round and round the garden, like a teddy bear,
One step, two steps, tickle you under there!

Slowly, Slowly / Quickly, Quickly

Tickling games that have a change in pace will delight your baby and stimulate the ability to remember. On this rhyme, move your fingers very slowly to start ("the snail"), then pause for a moment before tickling your baby quickly ("the mouse"). Soon your baby will anticipate the faster tickle with a smile, or by "freezing." This shows that your baby's memory is growing!

Slowly, slowly, very slowly creeps the garden snail.
Slowly, slowly, very slowly up the garden rail.
Quickly, quickly, very quickly like a little mouse,
Quickly, quickly, very quickly, all around the house!



3 - 6 MONTHS



Twinkle, Twinkle, Little Star

By two months, your baby's eyes will work together to move and focus at the same time. At bedtime, slowly beam a flashlight around the room while singing this song to encourage your baby's ability to track moving objects.

Twinkle, twinkle little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky,
Twinkle, twinkle little star,
How I wonder what you are.

This Little Pig Went to Market

By three or four months, babies have gradually developed sensations in individual fingers and toes. Games like this that touch each finger or toe will continue to bring enjoyment to your child throughout the preschool years.

This little pig went to market,
This little pig stayed home.
This little pig had roast beef, this little pig had none.
And this little pig cried, "Wee, wee, wee, wee, wee!"
All the way home!



Snip, Snap, Moonslivers

Chanting this rhyme while clipping fingernails or toenails will help keep your baby still for this delicate task.

Snip, snap, moonslivers one by one.
Thumbkin, Peter-Pointer,
Long and Lanky, Hanky-Panky,
Pinky-Pinky-Pirlie-Winky, All done!